

Mission Statement

To promote, protect, and assure conditions for optimal health through leadership, partnership, prevention, and response.

Vision

A healthy, robust, and resilient community.

Services

Caldwell Health Department offers a variety of services:

Municipal Registrar: Registrars assist residents with pet licensing, birth and death certificates, marriage licenses, and complaints.

Environmental Health: Our Registered Environmental Health specialists work to ensure proper handling of food is maintained in all retail food establishments and investigate housing, noise, and animal complaints.

Public Health Nursing: Our nurse administers vaccines, investigates communicable diseases, promotes and administers health screening and monitor school immunizations.

Health Education: Our Health Educator works to inform the community on current health issues and acts as a point of reference for health education.

1 Provost Square,
Caldwell, NJ 07006

1 Municipal Plaza # 111,
Bloomfield, NJ 07003



*Caldwell Borough
Health Department*

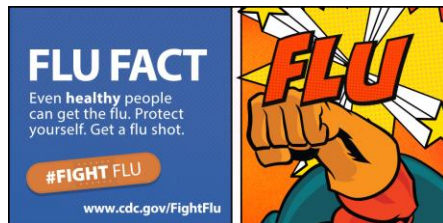
*1 Provost Square,
Caldwell, NJ 07006
(973) 403-4623*

This Month



FIGHT OFF THE FLU

It's Not Too Late to Get Your Flu Vaccination!



Everyone six months and older should get a flu vaccine

For your flu shot call:
(973) 403-4623
1 Provost Sq,
Caldwell, NJ 07006



January is National Cervical Health Awareness Month



- HPV is a major cause of cervical cancer. Each year, more than 11,000 women in the United States get cervical cancer.
- Human papillomavirus is a very common infection that spreads through sexual activity.
- About 79 million Americans currently have HPV, but many people with HPV don't know they are infected.
- The HPV vaccine (shot) can prevent HPV. It is available for pre-teens at age 11 or 12.

Prevent Cervical Cancer with the **Right Test** at the **Right Time**

Screening tests can find abnormal cells so they can be treated before they turn into cancer.

- ① The Pap test looks for changes in cells on the cervix that could turn into cancer if left untreated.
- ② The human papillomavirus (HPV) test looks for the virus that causes these cell changes.

The only cancer the Pap test screens for is cervical.

January is Drug Fact Week

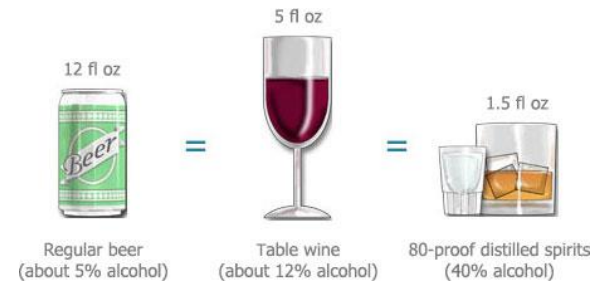
23rd-29th



Is Alcohol a drug?

Yes, Alcohol is a drug. The chemical substance in alcoholic beverages is *ethyl-alcohol*.

What is a standard drink?



All of these are equal to one standard drink and have the same amount of alcohol content.

Does alcohol have any long term health effects?

Yes, Alcohol has both short-term and long-term health effects on the body. These effects increase with age of first use, rate and amount of consumption.

For more information visit:

<https://www.drugabuse.gov/drugs-abuse/alcohol>

