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| August |  |
|  | 2018 |
| National Immunization Awareness Month |  |

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| --- | --- | --- | --- | --- | --- | --- |
| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|  |  |  | 1 | 2 | 3 | 4 |
|  |  |  | **We all need shots (also called vaccinations or immunizations) to help protect us from serious diseases.** |  | **It’s important to know which shots you need and when to get them.** |  |
| 5 | 6 | 7 | 8 | 9 | 10 | 11 |
| **Shots can prevent serious diseases like the flu, measles, and pneumonia.** |  | **If you have a child age 6 or younger, find out which shots your child needs at** [**https://www2a.cdc.gov/n ip/kidstuff/newscheduler \_le/**](https://www2a.cdc.gov/n%20ip/kidstuff/newscheduler%20_le/) |  | **DYK? All adults need a Td booster shot every 10 years. Learn more about shots recommended for adults:** [**http://1.usa.gov/16bENX2**](http://1.usa.gov/16bENX2) |  | **Talk to your doctor or nurse to make sure that everyone in your family gets the shots they need.** |
| 12 | 13 | 14 | 15 | 16 | 17 | 18 |
|  | **Everyone age 6 months and older needs to get a flu vaccine every year** |  | **Traveling soon? Find out if you need extra shots to stay safe:** [**http://1.usa.gov/1Bjx8cc**](http://1.usa.gov/1Bjx8cc) |  | **Both boys and girls need to get the #HPV vaccines. Learn how the HPV vaccine can help keep your child safe:** [**http://1.usa.gov/1JYFLdi**](http://1.usa.gov/1JYFLdi) |  |
| 19 | 20 | 21 | 22 | 23 | 24 | 25 |
| **If you are pregnant, check out** [**this recommended immunization schedule**](https://www.cdc.gov/vaccines/pregnancy/downloads/immunizations-preg-chart.pdf) |  | **Health tip: Keep a copy of your vaccination record in a safe place.** |  |  |  |  |
| 26 | 27 | 28 | 29 | 30 | 31 |  |
|  | **Use** [**this chart for adults to see if you are up to date on your shots**](https://www.cdc.gov/vaccines/schedules/downloads/adult/adult-schedule-easy-read.pdf) |  |  |  |  |  |

For more information visit <https://www.cdc.gov/vaccines/events/niam.html> and <https://www.cdc.gov/vaccines/index.html>